

ASAC Multicultural Counseling Services

317 7th Ave SE, Suite #203
Cedar Rapids, IA 52401.

TEL: 319-247-4873
FAX: 319-247-4877

Visit ASAC's website
www.asac.us



Commonly Asked Questions

How do I know if a culturally specific program is right for me?

This program has been designed for you if you are a person of color or from an ethnic group that needs outpatient substance abuse treatment. This program is also designed to provide services for spouses, partners or family members of those requiring treatment.

What does culturally specific counseling include?

This program includes individual and family counseling, group counseling, crisis intervention services and aftercare services. Educational sessions on topics such as cultural identity, effects of substance use, decision making and assertiveness training are also included.

Who decides if I use the ASAC Multicultural Outpatient Program?

You decide if multicultural services are right for you, your first step is to complete an assessment that will help determine if substance abuse treatment is needed. Assessments include a thorough evaluation of a person's use of substances. We work to ensure that each client is placed in the most appropriate and cost-effective treatment level. All information gathered is held in strict confidence.

Will my family be involved?

At ASAC we believe that the involvement of your family and significant others is a critical factor in helping you through the treatment and recovery process. Family members and significant others are encouraged to participate in counseling services as well as other community support group services such as Al-Anon or Alateen. ASAC also employs family therapists to help you and your family through treatment and recovery.

What is the next step?

Call any of our offices to schedule an assessment or to speak to a counselor.

ASAC Main Office: 319-390-4611

7:30 a.m. to 8:00 p.m. Monday through Thursday. Friday until 5:00 p.m.

ASAC Downtown Office (Human Services Campus): 319-247-4873

8:00 a.m. to 5:00 p.m. Monday through Friday.

ASAC East Side Office: 319-447-1921 8:00 a.m. to 5:00 p.m.

ASAC Multicultural Counseling Services

There are various ethnic and racial groups in our society. Each has its own unique cultural traditions and specific, culturally based reactions to substance use and abuse. ASAC's multicultural counseling services include substance abuse assessment, individual treatment, group counseling, education and aftercare services. At ASAC we believe substance abuse can be most successfully diagnosed, treated and prevented when the cultural context in which it was developed is considered.

At the Area Substance Abuse Council we utilize a "whole person" approach to substance abuse treatment. We consider an individual's entire life circumstances and personal needs. ASAC encourages the involvement of family during treatment and recovery.

Call 319-247-4873 for more information about ASAC's multicultural counseling services.



ASAC Multicultural Services Staff

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Amanda Bocoock, BA

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Amanda speaks fluent Spanish

LaSharon Duckett, BA

Multicultural Outpatient Counselor

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Working primarily with African American population